

John Stark Regional High School

Weekly Athletic Schedule Spring 2011

	April 4, 2011	April 5, 2011	April 6, 2011	April 7, 2011	April 8, 2011	April 9, 2011	April 10, 2011
Notes for the day	Team Picture Day: Picture time in ()			Fundrasier in the Gym			
Sport	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Varsity Softball	Practice 3:00-4:30 (3:15)	Practice 6:00-7:30 Outside- 3:00-5:00	Practice 3:00-5:00 Outside- 3:00-5:00	Off	Practice 3:00-4:30 Outside- 3:00-5:00	Home Jamboree Live Free or Die 10:00 a.m.	Off
JV Softball	Practice 3:00-4:30 (3:10)	Practice 6:00-7:30 Outside- 5:00-7:00	Practice 3:00-5:00 Outside- 5:00-7:00	Off	Practice 3:00-4:30 Outside- 5:00-7:00	Off	Off
Varsity Baseball	Practice 4:30-6:00 (4:10)	Practice 7:30-9:00 Outside- 5:00-7:00	Away Scrimmage @ Hillsboro Departure- 3:00	Practice 3:00-4:30 Outside- 5:00-7:00	Practice 4:30-6:00 Outside- 5:00-7:00	Practice 9:00-11:00	Off
JV Baseball	Practice 4:30-6:00 (4:00)	Practice 7:30-9:00 Outside- 3:00-5:00	Practice 5:00-7:00 Outside- 3:00-5:00	Practice 3:00-4:30 Outside- 3:00-5:00	Practice 4:30-6:00 Outside- 3:00-5:00	Practice 9:00-11:00	Off
Track and Field	Practice 3:00-5:00 (3:25)	Practice 3:00-5:00	Practice 3:00-5:00	Practice 3:00-5:00	Practice 3:00-5:00	Off	Off
Var. Girls Lacrosse	Practice 5:30-7:30 (3:40)	Practice 6:15-7:45 a.m. Outside- 3-4:45	Away Scrimmage @ Bedford Dismissal- 2:15	Practice Outside- 3-4:45	Practice 7:30-9:00 Outside- 3-4:45	Off	Off
JV Girls Lacrosse	Practice 5:30-7:30 (3:45)	Practice 6:15-7:45 a.m. Outside- 3-4:45	Away Scrimmage @ Bedford Dismissal- 2:15	Practice Outside- 3-4:45	Practice 7:30-9:00 Outside- 3-4:45	Off	Off
Var. Boys Lacrosse	Practice 7:30-9:00 (4:10)	Practice 4:30-6:00 Outside- 4:45-6:30	Practice 6:15-7:45 a.m. Outside- 4:30-6:30	Practice Outside- 4:45-6:30	Practice 6:15-7:45 a.m. Outside- 4:45-6:30	Practice 11:00-1:00	Off
JV Boys Lacrosse	Practice 7:30-9:00 (4:15)	Practice 4:30-6:00 Outside- 4:45-6:30	Practice 6:15-7:45 a.m. Outside- 4:30-6:30	Practice Outside- 4:45-6:30	Practice 6:15-7:45 a.m. Outside- 4:45-6:30	Practice 11:00-1:00	Off
Boys Volleyball	Practice 6:15-7:45 a.m. (3:35)	Practice 3:00-4:30	Practice 6:00-9:00	Off	Practice 5:00-7:30	Practice 3:00-5:00	Off